

## InstaMed FAQ Sections

### BPC

#### What is BPC-157?

BPC-157 is a 15 amino acid peptide originally discovered in the stomach. It is known for its regenerative properties, including support for muscle, joint, and gut healing, as well as reducing inflammation.

#### How is this different from injection?

Our oral dissolving strips use advanced buccal delivery to absorb BPC-157 directly through the tissues of the mouth using our InstaRelease technology —bypassing the digestive system for faster, more efficient uptake —no injections necessary.

#### How do I use the oral strip?

Simply place one strip inside your cheek or on your tongue and allow it to fully dissolve. Do not chew the strip.

#### Is BPC-157 safe?

While BPC-157 has been observed to be well tolerated even at high doses, always consult your healthcare provider before starting any new supplement or peptide regimen.

#### When will I feel results?

Many users report noticeable effects—such as reduced soreness, improved recovery, or digestive support—within 1–2 weeks. Results may vary depending on your individual health goals. More chronic issues may require 2-3 months to notice significant changes.

#### Can I take it with other supplements or medications?

BPC-157 is generally well-tolerated and does not interfere with most supplements or medications, but you should always speak with your healthcare provider to ensure compatibility.

#### Who should not use BPC-157?

Individuals with known sensitivity to BPC-157, those with active cancer or tumors due to increased blood flow to injury site. If you are pregnant, nursing, or have a chronic health condition, consult your healthcare provider prior to use.

### CJC

#### What is CJC-1295?

CJC-1295 is a peptide that stimulates the release of your body's natural growth hormone, supporting lean muscle growth, fat metabolism, recovery, and healthy aging.

#### How is this different from injection?

Our oral dissolving strips use advanced buccal delivery to absorb CJC-1295 directly through the tissues of the mouth using our InstaRelease technology —bypassing the digestive system for faster, more efficient uptake —no injections necessary.

#### How do I use the oral strip?

Simply place one strip inside your cheek or on your tongue and allow it to fully dissolve. Do not chew the strip.

#### What are the benefits of using CJC-1295?

Users often report improved strength, better workout recovery, increased energy, enhanced fat loss, and more restful sleep. It's popular among those looking to optimize performance, recovery, and body composition.

#### Is CJC-1295 safe?

CJC-1295 has been studied for safety and effectiveness in both animal and early human research. Always consult your healthcare provider before beginning any peptide protocol.

#### When will I see results?

Most people begin noticing benefits within a few weeks of consistent use, with full effects typically developing over 1–3 months. It is best to cycle CJC for 12 weeks.

#### Who should not use CJC-1295?

Individuals with known sensitivity to CJC-1295, those with active cancer or tumors due to growth hormone release. It should not be used in women pregnant or nursing. Consult your healthcare provider prior to use.

## **TA1**

### **What is Thymosin alpha 1?**

Thymosin Alpha 1 is a naturally occurring peptide originally derived from the thymus gland. It plays a key role in immune modulation and has been studied for its ability to enhance immune response, reduce inflammation, and support overall immune resilience.

### **How is this different from injection?**

Our oral dissolving strips use advanced buccal delivery to absorb Thymosin alpha 1 directly through the tissues of the mouth using our InstaRelease technology —bypassing the digestive system for faster, more efficient uptake —no injections necessary.

### **How do I use the oral strip?**

Simply place one strip inside your cheek or on your tongue and allow it to fully dissolve. Do not chew the strip.

### **What are the benefits of Thymosin Alpha 1?**

Research suggests Thymosin Alpha 1 may help:

- Strengthen immune function
- Improve response to infections
- Reduce chronic inflammation
- Support recovery during stress, illness, or immune suppression
- Promote a balanced immune system in autoimmune conditions

### **Is Thymosin alpha 1 safe?**

Thymosin Alpha 1 has been used in clinical settings worldwide and is generally well-tolerated. Always consult your healthcare provider before beginning any peptide protocol.

### **When will I see results?**

Some users report improved energy, resilience, or recovery within 1–2 weeks of consistent use. However, results may be more gradual when used for immune modulation or chronic inflammation—typically becoming noticeable over 4 to 6 weeks, depending on your baseline health and goals.

### **Who should not use Thymosin alpha 1?**

Individuals with known sensitivity to Thymosin alpha 1. If you are pregnant, nursing, or have a chronic health condition, consult your healthcare provider prior to use.

## **GHKCu**

### **What is GHK-Cu?**

GHK-Cu is a naturally occurring copper peptide composed of three amino acids bound to a copper ion. It is widely studied for its regenerative, anti-aging, and skin-repairing properties. GHK-Cu supports collagen production, tissue remodeling, wound healing, and may help reduce inflammation and oxidative stress.

### **How is this different from injection?**

Our oral dissolving strips use advanced buccal delivery to absorb GHK-Cu directly through the tissues of the mouth using our InstaRelease technology —bypassing the digestive system for faster, more efficient uptake —no injection necessary.

### **How do I use the oral strip?**

Simply place one strip inside your cheek or on your tongue and allow it to fully dissolve. Do not chew the strip.

### **What are the benefits of GHK-Cu?**

Research suggests GHK-Cu may help:

- Stimulate collagen and elastin production for healthier skin
- Improve wound healing and tissue repair
- Reduce inflammation and oxidative damage

- Support hair growth and follicle health
- Enhance cognitive function and neuroprotection
- Promote youthful gene expression and cellular repair

#### **Is GHK-Cu safe?**

GHK-Cu is a naturally occurring peptide in human plasma and has been shown to be safe and well-tolerated in multiple studies. Always consult your healthcare provider before beginning any peptide protocol.

#### **When will I see results?**

Visible improvements in skin tone, texture, or wound healing may occur within 2–4 weeks. Full regenerative or cosmetic effects typically become noticeable over 8-12 weeks of consistent use, depending on individual health status and goals.

#### **Who should not use GHK-Cu?**

Individuals with known sensitivity to copper peptides or any of the ingredients in the oral strip formulation should avoid use. If you are pregnant, nursing, or have a chronic health condition, consult your healthcare provider prior to use.

### **PT141+**

#### **What is PT-141+?**

PT-141+ is a scientifically formulated blend of three powerful ingredients—PT-141, Oxytocin, and Aminophenylpyrrole—designed to support both physical and emotional intimacy. PT-141 is a peptide known to increase arousal and desire in both men and women. Oxytocin, often called the "bonding peptide," helps foster emotional closeness and trust, while Aminophenylpyrrole promotes relaxation, mood elevation, and overall sensuality.

#### **How is this different from injection?**

Our PT-141+ oral dissolving strips utilize advanced buccal delivery via InstaRelease technology, allowing the actives to absorb directly through the tissues of the mouth. This method provides rapid uptake, bypasses the digestive system, and eliminates the need for injections.

#### **How do I use the oral strip?**

Place one strip inside your cheek or on your tongue and allow it to fully dissolve—typically 30-45 minutes before intimacy. Do not chew or swallow the strip whole.

#### **What are the benefits of PT-141+?**

Research and clinical feedback suggest PT-141+ may:

- Enhance arousal and increase sexual desire
- Deepen emotional connection and bonding
- Support mood, calmness, and sensual presence
- Boost confidence and reduce intimacy-related anxiety
- Improve overall physical and emotional intimacy

#### **Is PT-141+ safe?**

PT-141, oxytocin, and aminophenylpyrrole have all been studied for safety and tolerability. Many users report positive outcomes with minimal side effects. As always, consult your healthcare provider before use, especially if you have underlying medical conditions or are taking medications.

#### **When will I see results?**

Most users feel the effects within 30–60 minutes of taking the strip though peak response can be hours later for some individuals. These effects may include heightened arousal, increased emotional closeness, and improved confidence or mood. For best results, use in a relaxed setting with an open mindset.

#### **Who should not use PT-141+?**

Individuals with known sensitivity to any of the ingredients, or those with cardiovascular conditions including unmanaged high blood pressure should consult their healthcare provider before use. It is not recommended for use during pregnancy or breastfeeding.